



July Freestyle



PowerSkating
\$20.00

Pilates & Plyometrics
\$15.00

Stretch & Ballet
\$14.00

(Must See Coach Jennifer prior to enrolling in class)

(See Coach Rachel)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday													
<p>Morning Freestyle (Charged for the entire session) Club Members\$13 Non-Club Members.....\$16</p> <p>Afternoon & Night Freestyle</p> <table border="0"> <tr> <td>Hour-</td> <td>\$13</td> <td>\$16</td> </tr> <tr> <td>45mins-</td> <td>\$10</td> <td></td> </tr> <tr> <td>30mins-</td> <td>\$7</td> <td>\$8</td> </tr> <tr> <td>15 mins-</td> <td>\$4</td> <td></td> </tr> </table>			Hour-	\$13	\$16	45mins-	\$10		30mins-	\$7	\$8	15 mins-	\$4		<p>Pines Ice Arcna 12425 Taft St Pembroke Pines, FL 33028</p> <p>(954)704-8700 Fax- (954) 442-1700</p>		1	2	3
Hour-	\$13	\$16																	
45mins-	\$10																		
30mins-	\$7	\$8																	
15 mins-	\$4																		
					6:00AM- 9:50AM	6:00AM-9:50AM	7:00AM-8:50AM												
					3:10PM-6:00PM	3:10PM- 7:10PM	12:10PM-1:00PM												
							5:10PM- 8:20PM												
							PowerSkating 9:00AM-10:00AM												
4	5	6	7	8	9	10													
6:00AM- 8:50AM	6:00AM-9:50AM	6:00AM-9:50AM	6:00AM-9:50AM	6:00AM- 9:50AM	6:00AM-9:50AM	7:00AM-8:50AM													
12:10PM-1:00PM	3:10PM- 6:50PM	3:10PM-6:00PM	3:10PM- 5:30PM	3:10PM-6:00PM	3:10PM- 8:20PM	PowerSkating 9:00AM-10:00AM													
5:10PM-6:50PM	Pilates & Plyometrics 5:45PM-6:30PM		Pilates & Plyometrics 10:00AM-10:45AM																
11	12	13	14	15	16	17													
6:00AM- 8:50AM	6:00AM-8:50AM	6:00AM-8:50AM	6:00AM-8:50AM	6:00AM-8:50AM	6:00AM-8:50AM	7:00AM-8:50AM													
	3:10PM- 6:00PM	3:10PM-6:50PM	3:10PM-5:30PM	3:10PM-6:00PM	3:10PM- 8:20PM	5:10PM- 8:20PM													
	Pilates & Plyometrics 5:45PM-6:30PM		Pilates & Plyometrics 10:00AM-10:45AM			PowerSkating 9:00AM-10:00AM													
18	19	20	21	22	23	24													
6:00AM- 8:50AM	6:00AM-9:50AM	6:00AM-9:50AM	6:00AM-9:50AM	6:00AM- 9:50AM	6:00AM-9:50AM	7:00AM-8:50AM													
	3:10PM- 6:00PM	3:10PM-6:50PM	3:10PM- 5:30PM	3:10PM-6:00PM	3:10PM- 8:20PM	5:10PM- 8:20PM													
	Pilates & Plyometrics 5:45PM-6:30PM		Pilates & Plyometrics 10:00AM-10:45AM			PowerSkating 9:00AM-10:00AM													
25	26	27	28	29	30	31													
6:00AM- 8:50AM	6:00AM-9:50AM	6:00AM-9:50AM	6:00AM-9:50AM	6:00AM- 9:50AM	6:00AM-9:50AM	7:00AM-8:50AM													
	3:10PM- 6:00PM	3:10PM-7:00PM	3:10PM- 5:30PM	3:10PM-6:00PM	3:10PM-7:00PM	5:10PM- 8:20PM													
	Pilates & Plyometrics 5:45PM-6:30PM		Pilates & Plyometrics 10:00AM-10:45AM			PowerSkating 9:00AM-10:00AM													

This schedule is subject to change at any time. Please call ahead for any cancellations.